



COURSE OUTLINE: CYC101 - SUBSTANCE USE

Prepared: CYC Faculty

Approved: Martha Irwin, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	CYC101: SUBSTANCE USE CONTINUUM
Program Number: Name	1065: CHILD AND YOUTH CARE
Department:	CHILD AND YOUTH WORKER
Semesters/Terms:	20F
Course Description:	This course introduces the student to the continuum of substance use and the impact of substance dependence. Students will develop an understanding of substance use, abuse and dependence on individuals and as a social issue, from a Child and Youth Care perspective. Major categories of drugs, their effects and withdrawal symptoms will be introduced. Studies will include the effects and consequences of substance dependence on the individual and the family. The continuum of treatment services, theories of addiction and introduction to the fundamentals of work in Child and Youth Care will be covered.
Total Credits:	3
Hours/Week:	3
Total Hours:	45
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
Substitutes:	CYW106, NSW100
Vocational Learning Outcomes (VLO's) addressed in this course:	1065 - CHILD AND YOUTH CARE
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 2 Assess and respond to the strengths and needs of children and youth, including complex responses impacted by developmental, environmental, physical, emotional, social and mental health challenges in order to promote positive change.
	VLO 4 Plan, implement and evaluate interventions using evidence-informed practices in the areas of therapeutic milieu and programming, and group work to promote resiliency and to enhance development in children, youth and their families.
	VLO 6 Apply communication, teamwork and organizational skills within the interprofessional team and with community partners to enhance the quality of service in child and youth care practice.
	VLO 7 Develop and implement self-care strategies using self-inquiry and reflection processes to promote self-awareness and to enhance practice as a child and youth care practitioner.
	VLO 8 Use evidence-based research, professional development resources and supervision models to support professional growth and lifelong learning.
Essential Employability Skills (EES) addressed in this course:	EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
	EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.

In response to public health requirements pertaining to the COVID19 pandemic, course delivery and assessment traditionally delivered in-class, may occur remotely either in whole or in part in the 2020-2021 academic year.



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- EES 4 Apply a systematic approach to solve problems.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

General Education Themes: Social and Cultural Understanding

Course Evaluation: Passing Grade: 50%, D

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Develop an informed perspective on substance use.	1.1 Identify and differentiate between substance use, misuse, abuse and dependence 1.2 Distinguish between the major drug categories, their effects/withdrawal experiences, routes of administration and examples of specific drugs for each 1.3 Rate the Abuse Potential of Drugs Compare main evidence informed theories of addictions in the field
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Appreciate the impact of substance dependence on the individual and the family.	2.1 Recognize the development and impact of Physical and Psychological Dependence Connect Negative Life Consequences to the lifestyle of substance dependence 2.2 Relate the dynamics, roles and rules in addicted families to the experience of living with a substance dependent person
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Describe fundamental elements in effective intervention strategies which meet the needs of substance dependent individuals and populations.	3.1 Gain awareness of the need for strength-based, client centered and culturally relevant approaches 3.2 Appreciate the role of Harm Reduction in the field of substance dependence. 3.3 Understand the differences between and relevance of Stages of Change to determine effective intervention strategies

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		3.4 Become familiar with the Treatment Service Continuum for substance work.
		3.5 Coach others regarding strategies and tools available to support psychosocial development and positive change in children, youth and families
	Course Outcome 4	Learning Objectives for Course Outcome 4
	4. Identify and use professional development resources and activities to promote professional growth	4.1 Demonstrate ability to locate, understand and utilize relevant professional literature in print and electronically 4.2 Demonstrate awareness of community agencies mandated to respond to addictions

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
2. Assignments	40%
3. Tests	60%

Date:

June 15, 2020

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

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